

Lesson Plan

Subject : English

Topic : Emotions and Feelings

Goal : Students will be able to share and show their feelings.

Duration : 1 period

Introductions

1. How do you feel right now? What made you feel that way?
2. What are other feelings do you know beside the one you are having right now?
3. What do you do when you feel sad, happy, angry?
4. Ask children to sing along songs that related with feelings, e.g " If you are happy" by Barney.
5. Watch movie that related with feelings and emotions.
6. At the end of the lesson ask students to draw on a colored paper the feeling they are having and decorate it.

Steps:

Draw an oval face on the paper and then cut it, have students to draw the face to show their feelings and use a stick to stick the face.

They may write at the back of the paper face, e.g I am happy when I am sad when...depend on what kind of face they drew.